

Canary Seed

The canary seed is one of the most powerful on Earth, its recharge capacity is huge and enzyme protein content is even greater. A glass of milk enzyme canary seed has more protein than two or three kilograms of meat but with stable amino acids, that is traveling in a safe and indestructible until our bodies.

The canary seed works as an anti-inflammatory; the powerful enzymes give the canary seed the power to cleanse our bodies, particularly the liver, kidney and pancreas, which converts this information to the canary seed in a huge pancreatic regenerator, i.e. diabetes with just a few weeks, removes cirrhosis by increasing the number of hepatocytes in the liver and by the way, of course, refilling kidney enzymes, promoting a healthy diuresis to remove excess fluid in the body, so the grass is a tireless fighter against Hypertension ... is a marvel, to contain the enzyme lipase removes body fat quickly, either in the veins, arteries, or simply fat deposits, thus is a great remedy for obesity and generates results as large and powerful a developer of cutting and muscle tone.

Recently scientists at the National Autonomous University of Mexico studied the great food of grass, due to the many benefits that brings to the birds, and after many experiments based on the scientific method found that the grass is an incredibly powerful protein, the which has its amino stable which leads to greater efficiency in the food agency.

Surprisingly, the seed leaves a bit back to the protein of alfalfa, which is one of the most powerful on Earth, besides the seed is full of enzymes but is most abundant lipase which is responsible for removing fat excess of the body.

If the seed is soaked in the course of the night, has a power load giant enzyme, which leads to the fact that after eight hours of milk produces a super soaker full of enzymes, is a mild-tasting milk that has literally the ability to lose weight, and you refresh a powerful organ of the body of enzymes, restores the functions of the pancreas, which is a powerful eliminator diabetes also fight very well the kidneys and diseases of the liver and inhibits the reproduction bacteria in the urinary tract.

This is a food giant disregard for decades, the amount of antioxidants it contains is enormous, some people have been devoted to the task of creating a cookie oat grass and alfalfa are the same as the ideal supplement for anyone want to be healthy and thin, but we must remember that the cooking of grass removes any enzyme that it contains, even if the protein remains intact.

(Only a matter of soaking in water to five tablespoons of seed at night and morning to remove the water that is soaked, put five spoons of soaking seed in a blender, fill it with a liter of pure water, the liquefaction and strain.)

Consuming milk from seed is a very strong injection or vaccination against any disease and diabetes that is generated by acid levels in the body, therefore it is necessary to consume at least two or three glasses of milk daily to ensure a birdseed contained thin a healthy body, which of course entails a healthy mind.